

CME Course for Family Physicians and General Practitioners
on
Maintaining Bone Health and Preventing Falls and Fractures in the Elderly
- *The Ortho-geriatric Discipline*

10-Nov-2009, 1:45 to 3:15pm

1:45-1:50	Introduction to this series of lunch seminars on fragility fracture	KS Leung
1:50-2:30	Fragility Fractures in the Elderly- A Global Orthopaedic Problem The Orthopaedic care and protocol Q&A	KS Leung
2:30-3:15	Out-patient Geriatric Care for Elderly with Fragility Fractures Q&A (PDF)	David Dai

17-Nov-2009, 1:45 to 3:15pm

1:45-2:15	Fall and Fracture Prevention: Footwear Assessment, Hip protector and Vibration Therapy Q&A	Claudia Chan
2:15-2:45	Experience Sharing: Community Bone Health and Fall Prevention Program Q&A	Peter Lau
2:45-3:15	Dietary Advice for Musculoskeletal Health in the Elderly Q&A	Rhoda Ng

24-Nov-2009, 1:45 to 3:15pm

1:45-2:30	Rehabilitation after geriatric fractures in gait, balance and exercise - What can we do in the clinic? Q&A	Jamie Lau
2:30-3:15	Fall Risk Assessment and Fall Prevention: What can We Do in the Outpatient Settings? Q&A	Barbara Chan

22-Dec-2009, 1:45 to 3:15pm

1:45-2:45	Mechanical pain in OA knee - a shift in the management paradigm Q&A	HY Ngai
2:45-3:15	Hands-on Workshop on Musculoskeletal Treatment of OA Knee	HY Ngai